

CASE STUDY



Mark Gallo Health & Fitness Center  
Central Catholic High School

Modesto, California

**Project Open:** August 2016

**Site:** 4 acres (total campus area: 65 acres)

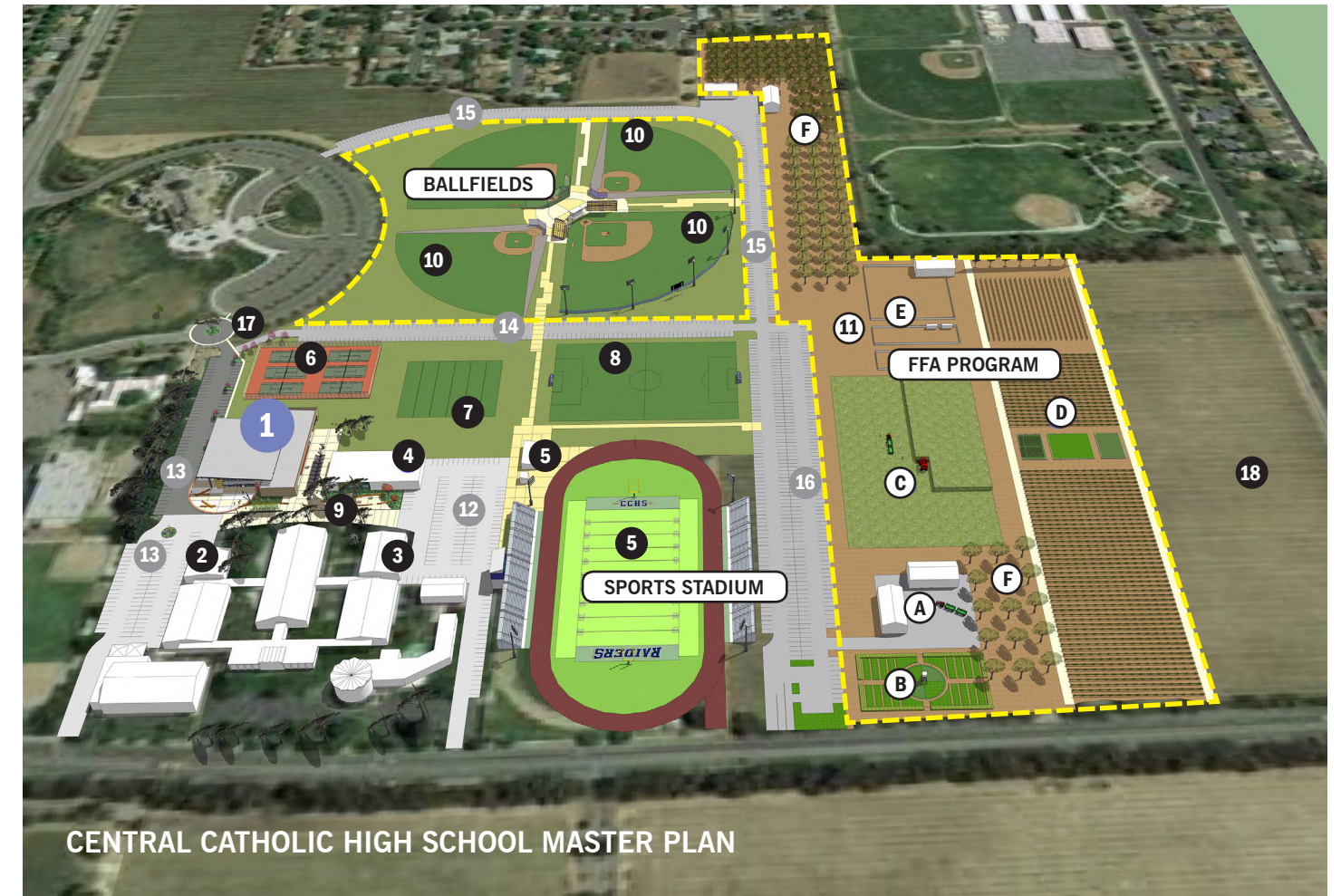
**Building:** 28,050 sqft (Mark Gallo Health & Fitness Center)

Central Catholic High School completes its first major addition to its original campus by introducing a state-of-the-art fitness center on its 50th anniversary.

**EXECUTIVE SUMMARY**

Committed to a mission and philosophy of “building an educational community that inspires the spiritual, academic and social development of young adults,” the Mark Gallo Health & Fitness Center is an architectural focal point for the first phase of growth and expansion at Central Catholic High School (CCHS).

The new facility bridges the gap between the school’s existing facilities and their goals to enhance their athletic, agricultural and hospitality programs. It incorporates a gymnasium, fitness center, commercial kitchen, classrooms, and locker rooms with uniquely designed spaces that programmatically flow together and support the commitment to the academic excellence and well-being of their students and local community.



CENTRAL CATHOLIC HIGH SCHOOL MASTER PLAN

- 1 Mark Gallo Health & Fitness Center
- 2 2 Classrooms (opt.)
- 3 4 Classrooms replacing portables (opt.)
- 4 Future Purpose Building (12,000 sqft) replacing existing buildings
- 5 Sports Stadium (football, soccer, all-weather track, team rooms, seating, concessions, and ticketing)
- 6 Tennis Courts
- 7 Multiuse Practice Field
- 8 Soccer Field
- 9 The Quad Plaza
- 10 Ballfields (softball and baseball)
- 11 FFA Program (20 acres: A-F)
- A Classrooms and Shops
- B Display / Kitchen Garden
- C Row Crops
- D Vine Development (display)
- E Animals
- F Orchards
- 12 Senior Parking (145 stalls)
- 13 Student Parking (170 stalls)
- 14 Student / Event Parking (170 stalls)
- 15 Ring Road Event Parking (340 stalls)
- 16 Event Parking (340 stalls)
- 17 Pedestrian Access to Church
- 18 Remaining Land (9.4 acres)

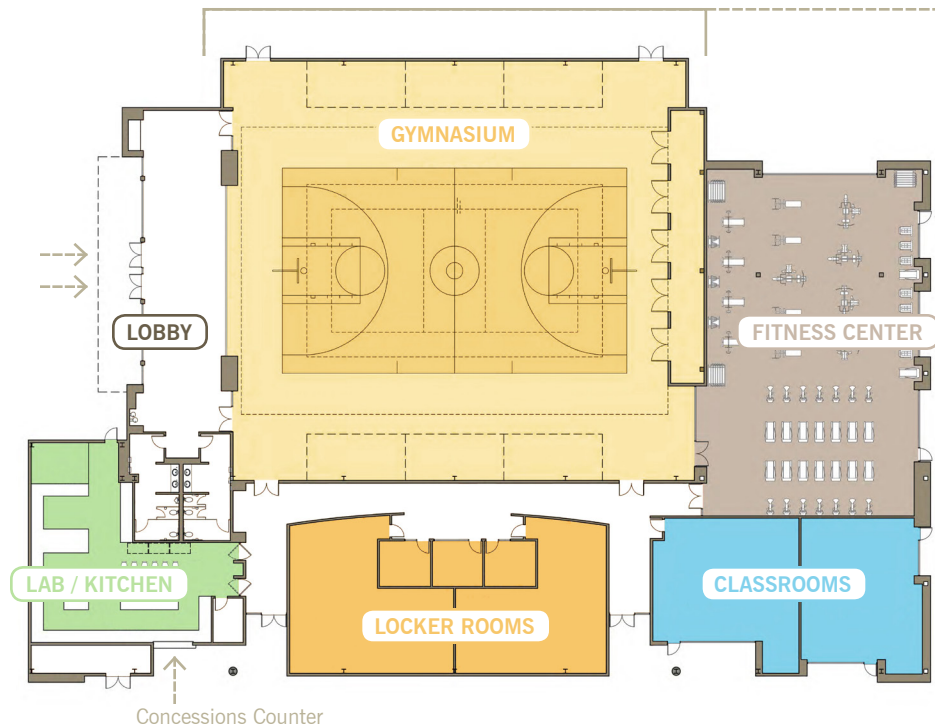
**CAMPUS MASTER PLAN**

To enable CCHS’ vision to provide interactive college-quality co-curricular programs, DAHLIN first developed a strategic master plan to guide the overall campus planning and phasing of new programs and activities.

The first phase of development involved the iconic Mark Gallo Health & Fitness Center located within the campus’ main building grounds (1), and includes adjacent improvements and additions like the Van Nes Tennis Courts (6) and the Melissa Bengston Besseling Garden.

Three key expansion areas are planned to follow this first phase of development including a ballfields complex (10), a 20-acre Future Farmers of America program area (11), and finally, improvements and expansion to the sports stadium (5) and supporting event parking lots.

## MARK GALLO HEALTH & FITNESS CENTER



Gymnasium north exterior

- John C. Bosio Training Center
- Gymnasium
- Locker Rooms / Offices
- Classrooms
- Nutrition Lab / Instructional Kitchen

### MARK GALLO HEALTH & FITNESS CENTER

By integrating the needs of the sports program with that of CCHS' educational programs, the new facility seamlessly combines an 1,100-seat capacity gymnasium, a 4,360-square-foot fitness center named the John C. Bosio Training Center, a nutrition lab/instructional kitchen for the school's *farm-to-fork* ambitions, two classrooms, and fully-equipped locker rooms with offices. Immediately outside of the facility, the complex grounds also include six new tennis courts that share and access the locker rooms and fitness center facilities.

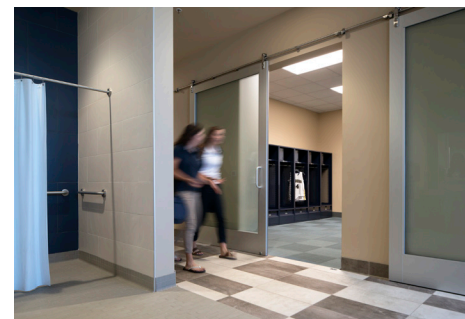
The building design maximizes natural daylight along its east and west elevations for the benefit of the gymnasium and fitness center. Clerestory windows along the gym's north side are also integrated with an inclining flat roof. Cased in large glass



Mark Gallo classrooms



John C. Bosio Training Center



Locker rooms

A donor recognition wall in the lobby commemorates the dedication, commitment and support of families and community to the education and youth of Stanislaus and its outlying counties.

## Multipurpose Spaces Transform into Memorable Venues

wall panels, the naturally-lit lobby welcomes visitors with a sports mural spanning above the framed entryway to the gym. The remaining exteriors of the building are wrapped in contemporary materials and finishes including a distinguishing array of blue checkered paneling that creates a spirited youthful aesthetic.

A commercial-grade kitchen meets multiple programmatic needs, including providing daily food service for the students, concessions for sport events, and use in the agricultural and hospitality industry curriculums. The spacious entry lobby connects to the gym via a framed wooden archway and glass pocket doors that fold completely into the walls. This ability for the school to combine the two spaces into a larger, connected venue with a grand entrance, enables them to maximize their usage of the building for many purposes like school and local community assembly.

### STAKEHOLDER COLLABORATION

DAHLIN worked closely with CCHS and its key stakeholders, including prominent alumni whom donated finances, land and time to the effort. Workshops conducted with the stakeholders identified the goals and prioritized the needs and desires to determine the most effective and efficient stewardship of the CCHS budget in executing their vision.

Phasing implementation of the master plan enables CCHS to address their immediate needs while providing time to recruit and develop additional staff and curriculum as well as implement a long-term fundraising plan. Funding campaigns in support of the next phase of development—the ballfields complex—are underway.



A naturally-lit lobby welcomes and greets visitors of the Mark Gallo Health & Fitness Center.



A distinct, inclining flat roof caps the gymnasium and allows for clerestory windows along the north side of the building to provide natural illumination.

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